

# CFRI'S PATRICK NASH FELLOWS TRAINING PROGRAM: AGING IN THE NEW ERA OF CF

## Overview

This educational program is designed to advance knowledge, accelerate research, and transform the care of adults aging with cystic fibrosis (CF). Focused on the multi-organ impact of CF, the program identifies, educates, and sustains the next generation of CF care providers and thought leaders from multiple disciplines, fostering lifelong CF expertise while serving as a catalyst for innovative research activities.

## Program Components and Benefits

- 3-day symposium in Dallas TX, Nov 12-14, 2026 featuring presentations, workshops, small-group discussions & time for networking. The program will focus on the multi-system impact of CF. Patient voice will be incorporated for all topic areas.
- 4 quarterly virtual meetings of fellows and faculty focused on high priority educational topics.
- Ongoing mentorship from world renowned conference faculty, both during and beyond 3-day symposium, is focused on assisting Fellows in the identification, design, and execution of a research project related to the challenges and needs of adults aging with CF.
- Membership in a growing CFRI Patrick Nash Fellows Program alumni network.

Please see the application for participant requirements.

## Eligibility

Clinical trainees or physician researchers up to two years post fellowship or residency; exceptional senior residents will also be considered.

Relevant medical specialty (including but not limited to):



**Cardiology**



**Urology**



**Endocrinology**



**Infectious Disease**



**ENT/Otolaryngology**



**Oncology**



**Gastroenterology**



**Psychology/ Psychiatry**



**Gynecology**



**Pulmonology**

Experience and demonstrated ongoing interest in adult CF care.



## Symposium Meeting



**Thu. Nov 12th –  
Sat. Nov 14th, 2026**



### **The Adolphus Hotel**

1321 Commerce St,  
Dallas, TX 75202



More info contact:  
Siri Vaeth  
[svaeth@cfri.org](mailto:svaeth@cfri.org)

*CFRI will cover the cost of travel,  
accommodations and meals during the  
symposium*

## Apply Today

SCAN  
ME



<https://curecf.cfri.org/NashFellows26>

**DEADLINE: June 8, 2026**

*Applicants will be notified of the  
committee's decision by 06/30/26*

**CFRI** Cystic Fibrosis  
Research Institute

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## Symposium Sessions

- History & Development of Adult CF Care
- The CF Care and Research Ecosystem: Becoming Part of a CF Center
- CFTR Modulator Benefits, Complications, and Implications on Aging
- Gastrointestinal and Other Cancers Among Aging Adults
- Diabetes in the Aging CF Population
- Cardiovascular Disease and CF: Modulator and Non-Modulator Associated Risks of Cardiac Disease
- Cystic Fibrosis and Reproductive & Sexual Health
- Antimicrobial Resistance and New/Pipeline Therapies
- Emerging Topics in CF Adult Comorbidities and Care

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*What I found most valuable about the conference was the strong emphasis on networking and collaboration. It provided an excellent platform for the integration of diverse disciplines...*

- 2025 Fellow

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## Requirements

If accepted to the Program, fellows agree to:

- Pre-work: Review 5 hours of curated online content
- Attend and participate in all sessions of the conference, including meals and social functions
- Attend virtual program kickoff and at least 3 of 4 quarterly post-conference virtual meetings
- Complete all requested meeting evaluations
- Share relevant knowledge via post-conference presentations and/or publication activities as requested and as schedule allows
- Identify and pursue a research project, developed with an assigned faculty mentor, including regular check-ins, progress updates, and a final summary of findings or next-step recommendations

## Program Faculty

### A. Whitney Brown, MD

Senior Director, Clinical Affairs, CF Foundation; Medical Director, CF and Bronchiectasis Program. Inova Fairfax Hospital

### Jennifer Taylor Cousar, MD, MSCS

Medical Director, Clinical Research Services; Co-Director, Adult CF Center; Director, CF Therapeutics Development Center; Professor, Div. of Pulmonary, Critical Care and Sleep Medicine. National Jewish Health

### Steven Freedman, MD, PhD

Chief, Div. of Translational Research & Director, The Pancreas Center, Beth Israel Deaconess Medical Center. Senior Gastroenterologist, Adult CF Center, Brigham and Women's Hospital and Boston Children's Hospital. Professor of Medicine at Harvard Medical School

### Raksha Jain, MD

Professor, Dept. of Internal Medicine, Div. of Pulmonary and Clinical Care Medicine; Medical Director of the Adult Cystic Fibrosis Program, UT Southwestern Medical Center

### Richard Moss, MD

Emeritus Professor of Pediatrics, Center for Excellence in Pulmonary Biology in the Division of Pediatric Pulmonary, Asthma & Sleep Medicine, Stanford University School of Medicine

### Joseph Pilewski, MD

Co-Director, CF Program; Associate Chief for Clinical Affairs Pulmonary, Allergy, Critical Care and Sleep Medicine; Professor of Medicine, Pediatrics, and Clinical and Translational Medicine. University of Pittsburgh

### Deepika Polineni, MD

Associate Professor of Pediatrics, Division of Allergy and Pulmonary Medicine; Director of the Cystic Fibrosis Center at Washington University in St. Louis

### Melissa Putnam, MD, MMSc

Director, Massachusetts Medical Hospital Diabetes Research Center. Assistant Professor at Harvard Medical School

### Ahmet Uluer, DO, MPH

Director, Adult Cystic Fibrosis Center and Adult TDC Center, Brigham and Women's Hospital and Boston Children's Hospital. Assistant Professor, Harvard Medical School

### James Yankaskas, MD

Professor of Medicine, University of North Carolina at Chapel Hill

