

Hygiene Guidelines for All Attendees

CFRI is dedicated to minimizing cross-infection risk for all in attendance. **All conference attendees – whether or not you have CF - must follow the hygiene guidelines listed below so as to limit the risk of cross-infection.** These guidelines have been developed in collaboration with our medical advisors and apply to everyone, including those without CF.

1. CFRI requires all in-person attendees to attest that they have received all COVID-19 vaccines for which they are eligible and that they will take a COVID test within 48 hours prior to arriving at the conference to confirm that they are negative for COVID-19.
2. Everyone in attendance is encouraged to wear a mask at all indoors events. Bacteria in sputum may last for hours and may be passed to others. For those preferring to wear a mask, N95 and surgical masks will be provided.
3. Everyone in attendance is required to wear a nametag at all times. Your nametag documents that you are registered to attend. If you see someone without a nametag, please let a CFRI staff member know.
4. Please refrain from shaking hands, hugging or touching other people to avoid spreading germs.
5. If you think you have COVID-19, a cold, virus or the flu, you must leave the conference. The conference is available to view live on our virtual platform, and recordings will be available to view online after the event.
6. For those with CF, try to maintain the “6-foot” rule to minimize cross-infection risk.
7. All participants with CF were required to have completed a sputum culture after June 12, 2024.
8. Individuals with CF cannot attend the conference unless they have been approved to do so by their medical team and CFRI.
9. Each person with CF must have submitted a medical release from a CFF-accredited laboratory indicating they:
 - have never tested positive for an organism belonging to *Burkholderia cepacia* complex (Bcc);
 - have not cultured Methicillin Resistant *Staphylococcus aureus* (MRSA) within the past 12 months;
 - have not had a positive culture for *Nontuberculous mycobacteria* (NTM) in the past 12 months;
 - do not currently culture positive for any pandrug-resistant (PDR) bacteria (bacterial isolates non-susceptible to all agents in all antimicrobial categories) or extensively drug resistant (XDR) bacteria that remain susceptible to only one category of antimicrobials (does not apply to XDR isolates remaining susceptible to two or more categories of antimicrobials). Although negative sputum cultures do not eliminate risk, they may reduce risk of pathogen transmission.
10. Please cover your mouth with a tissue when coughing and immediately dispose of the used tissue. Do not dispose of sputum in toilets or sinks. Always disinfect your hands after coughing.
11. Do not share cell phones, pens, glasses, soda cans, plates, or eating utensils with anyone.
12. Those with CF will be served their meals by hotel personnel or CFRI volunteers. Please refrain from touching any serving utensils. When food is being served, avoid passing food, glasses, pitchers, etc. to others.
13. Disinfect your hands before eating. Hand sanitizer will be provided.