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### Conference

Isabel Stenzel Byrnes

### Retreat

Jessica Martens

### Research Advisory

Marybeth Howard, PhD

### Mothers' Day Tea

Barbara Curry

### Audit

Mike Roanhaus

### Golf

Scott Hoyt

### Newsletter

Siri Vaeth-Dunn

Most photos courtesy  
of Craig Burleigh  
Photography,  
San Carlos, CA.

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Darrell Batchelder

Typesetting & Layout:  
Kathy Mitchell

# CFRI Research and Advocacy Since 1975

## What is Cystic Fibrosis?

CF is an inherited disease that affects the respiratory, digestive and reproductive systems. CF occurs in all races and nationalities. One in thirty-one Americans is a symptomless carrier.

Approximately 30,000 Americans have this life-threatening disease. While there is currently no cure, your donations fund research that brings us closer everyday.

## What Progress Has Been Made Since CF Was First Identified?

CF was first identified in 1938. At that time children with CF rarely survived early childhood. Today, thanks to innovative research which has led to new medications, treatments, and lung transplantation, the average life span is thirty-seven years and growing!

## Whom Does CFRI Serve?

CFRI serves anyone living with or affected by cystic fibrosis. This includes individuals with CF, their parents and family members, researchers, health care providers

and medical industry professionals. Hundreds of volunteers help CFRI to accomplish its mission.

## What Programs and Services Do We Provide?

In 2008, CFRI funded seven researchers investigating medical and scientific methods to improve treatments and medications which may ultimately lead to a cure for CF. We also provided resources to support the CF community such as our annual education conference, teen and adult retreat, support groups, community outreach and advocacy programs, informational website, educational materials and newsletters.

Founded in 1975, CFRI has funded more than eighty CF research professionals, many of whom remain active in the field today.



Elena Francois, Darrell Batchelder, Mary Convento and David Soohoo make up your CFRI support staff.

*"Connecting CF community with Resources"*

## OUR MISSION:

**We exist to fund research, to provide educational and personal support, and to spread awareness of cystic fibrosis, a life-threatening genetic disease.**



# CFRI™

## Researchers



Vihass Vasu, Ph.D.,  
University of California  
Davis



Ruth Mucchekehu, Ph.D.,  
University of California  
San Diego



Monal Sonecha, M.D.,  
University of California  
San Francisco



Iwona Bucior, Ph.D.,  
University of California  
San Francisco

**FACTS  
&  
FIGURES**

The median age of CF survival exceeds 37 years

# CFRI

Cystic Fibrosis Research, Inc.

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Cystic Fibrosis Research Inc.™  
**2008**  
**ANNUAL REPORT**

# Notes from our Executive Director

Dear Friends,

Our 2008 CFRI Annual Report provides a glimpse of the continued growth of this multi-faceted organization.

2008 saw the successful completion of our first round of the New Horizons Research Campaign, which began with a generous donation from the Sonora Foundation. This led to the funding of projects in Alabama, California and South Carolina. Concurrently, progress was made by four post-doctoral researchers on projects in California through the Elizabeth Nash Memorial Fellowship. Details of these projects will soon be on our website, [www.CFRI.org](http://www.CFRI.org).

Our 21st National CFRI Family Education Conference held in August was considered by many to be our "best yet." Experts from across the country as well as Australia and Canada addressed important CF topics with more than 230 attendees.



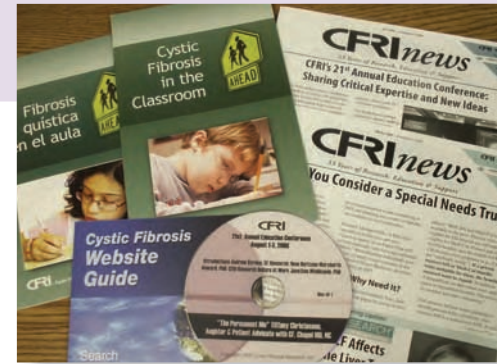
The CFRI Annual Teen and Adult Retreat remains unique in the country as a vital and precious resource for those with CF.

And in this, our 33rd year, we responded to requests from as far away as South Africa, Ireland, Saudi Arabia, Mexico and Australia for information about cystic fibrosis.

Take a look at how we govern your donations. Meet the researchers you fund and members of the community you support. As a top rated 501(c)(3) non-profit organization, we continue to bring our best to the cystic fibrosis community.

Warm regards,

Carroll Jenkins  
Executive Director • (650) 404-9977 • [cjenkins@cfri.org](mailto:cjenkins@cfri.org)



CFRI writes booklets to educate teachers, employers and others about CF. DVD's of our conferences are also available.

Active CFRI volunteers Isabel Stenzel Byrnes and Anabel Stenzel. Isa is Chair of our Education Conference and Ana serves on CFRI's Board of Directors.



Faith Davis is doing well today thanks in part to the awareness and education provided by CFRI.



*"Getting educated and motivated is easier to do when we have a community of like-minded people working together, supporting one another, sharing our stories and believing we make a difference"*

—Susan Biggar,  
Camberwell, Australia



TJ and Talia Rawlins are two of several community members highlighted in CFRI's Pearl Gallery last August at our conference.

## Financial Summary: 2008 CFRI Annual Report\*

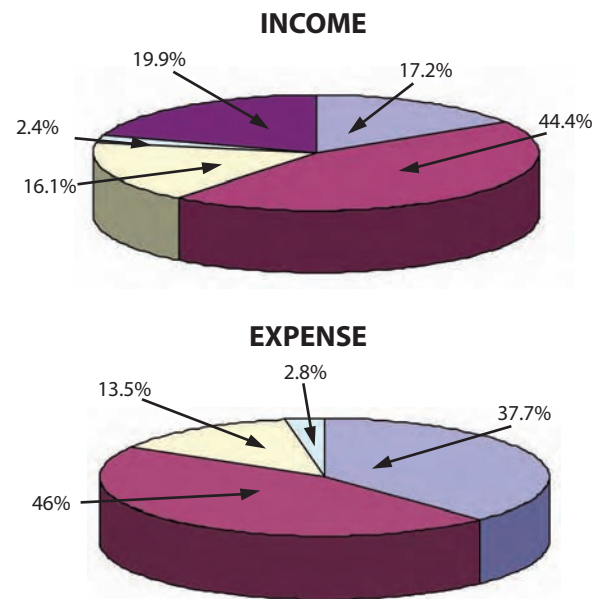
### Income

Contributions/Donations	\$134,364	16.1%
Solicitations	\$369,487	44.4%
Programs	\$143,405	17.2%
Other	\$19,880	2.4%
Fundraising Events	\$165,467	19.9%
Total Income	\$832,603	100.0%

### Expense

Research	\$327,260	37.7%
Education, Programs	\$399,989	46.0%
Fundraising	\$116,967	13.5%
Administrative	\$24,341	2.8%
Total Expenses	\$868,557	100.0%

\*Audited data pending final approval of CPA and CFRI Board of Directors



For a second year in a row, CFRI was awarded the highest four-star rating from Charity Navigator. Nationally, only 18% of charities qualified for this high rating.



## FACTS & FIGURES

One hundred and forty-three infants were diagnosed in the first full year of CF Newborn Screening in California. For them, treatment begins in the first critical months of life. Early diagnosis and treatment increases infants' weight gain, thus their ability to thrive.



Jonathan Widdicombe, Ph.D.,  
University of California  
Davis



Charles Falany, Ph.D.,  
University of Alabama  
Birmingham



Isabel Virella-Lowell, M.D.,  
Medical University of  
South Carolina

## FACTS & FIGURES

One in thirty-one Americans is a symptomless carrier of cystic fibrosis. If two CF carriers have a child, there is a one-in-four chance the child will have CF. Approximately thirty thousand Americans have CF today.