

**One in 31 people** reading this is likely to be a carrier of the gene for cystic fibrosis, a genetic, fatal disease. If two carriers have a child, there is a 1 in 4 chance that their child will have CF.

Managing CF requires time-consuming treatments, daily medications and numerous doctor visits and hospitalizations that drain family resources. These burdens can far exceed a family's means, even with health insurance.

With CF, thick mucus blocks small tubes and ducts in the respiratory, reproductive and digestive systems, often leading to chronic lung infections and malnutrition. For many, other organs also become seriously compromised.

**Symptoms may include:**

- Salty taste to the skin
- Recurrent wheezing
- Persistent cough
- Recurrent pneumonia
- Excessive appetite but poor weight gain
- Bulky, fatty stools

A child or adult with any of these symptoms should be examined as soon as possible by a physician at a CF Treatment Center. *Remember, early diagnosis gives patients longer, healthier and happier lives.*

**CFRI™** Cystic Fibrosis Research, Inc.  
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## Mission

Cystic Fibrosis Research, Inc. funds CF research, provides educational and personal support, and spreads awareness of cystic fibrosis.

## Vision

CFRI seeks to inform, engage and empower the CF community to reach the highest possible quality of life.

For this brochure, CFRI would like to thank:



Your Full Service Cystic Fibrosis Pharmacy  
877.291.1122 • [www.FoundCare.com](http://www.FoundCare.com)



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## Growing Stronger Every Day



**Hannah**  
7 months old with Cystic Fibrosis



## Education and Resources

- ✳️ CFRI funds new CF research through our **post-doctoral fellowship program** and **CFRI New Horizons Campaign**.
- ✳️ Our annual **National Cystic Fibrosis Family Education Conference**, an event for adults with CF and their families, connects families, care teams and scientists with CF experts.
- ✳️ The **CF Discovery Series™** is a collaborative program created by CFRI and Stanford which presents interactive sessions on a variety of CF-related topics. Webcasts produced by **CFRIlive!**
- ✳️ The **CFRI Annual Teen and Adult Retreat** provides support, education and fun in a safe environment for people with CF.
- ✳️ **CFRInews** is delivered directly to more than 14,000 households, sharing valuable CF information with those who need it most.



Donate Today.

## Family and Community Support



*Hannah and her mom, Jane*

You would never know from Hannah's bright-eyed smile that she has cystic fibrosis. Ever since her diagnosis of CF within the first few days of her life, her parents have learned all they can to keep her in the pink of health. And it has been a steep learning curve. Fortunately, they have worked in close partnership with their health care team, and today they are finding extended support from CFRI. Education is key to better health. Learn more about CF events and online programs at [www.CFRI.org](http://www.CFRI.org).

Knowledge is Power.

## Critical Research

Children with CF born in the 1970's were expected to live 11 years. Now, children like Hannah can expect to live more than 37 years. But, **we still need a cure**. Our research takes us closer.

### *CFRI: Growing Our Research*

CFRI funds new, cutting-edge research at established universities through two programs: one for post-doctoral fellows and a second for principal investigators.

In 2011, this research was conducted at Stanford University, University of California (Berkeley, Davis, San Diego, and San Francisco), San Diego State University and the University of Cincinnati. New scientific insights lead to the global advance of CF research.

Resulting publications in top-rated scientific journals demonstrate the value of what we have funded. Visit our website: [www.CFRI.org](http://www.CFRI.org) to find out more.



Help Us Grow.