



Cystic Fibrosis Research, Inc.

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It was 2 a.m. and our beautiful two day-old baby boy had just come out of surgery for a bowel obstruction. We heard his doctor say, “Your son probably has cystic fibrosis. It’s a genetic disease. He will have a hard life.” That is how my husband and I were introduced to cystic fibrosis.

Fast-forward 12 years and meet our son Vincent. He lives with cystic fibrosis every day. To look at him, you would never suspect he has this genetic, progressive and time-consuming disease. He’s your typical “pre-teen” who pushes the envelope,

rolls his eyes, and is addicted to anything electronic. But unlike his peers, he doesn’t know anything else but the regimen he has lived with for the past 12 years.



Vincent - Tackling a Big Challenge!

Along with homework and extracurricular activities, Vincent maintains his health by scheduling a minimum of 45 minutes of nebulized breathing treatments and 30 minutes of chest percussion, swallowing 23 pills, flushing his nasal passages with an inhaled steroid as well as a sinus cleanse, using two asthma maintenance inhalers, drinking a capful of laxative to keep his intestines clear and trying to ingest approximately 3,000 calories per day to maintain his weight. These statistics are based on a good day, when cystic fibrosis isn’t wreaking havoc on his body. Despite these challenges, he attends an honors school and is currently getting straight A’s.

Cystic fibrosis can affect just about every part of the body. Vincent has had bowel obstructions and chronic lung infections, and recently underwent his fifth sinus surgery. The disease has no boundaries. One day he can be feeling on the top of his game, the next he can wake up coughing, have a sinus headache, or be doubled over with belly pain due to pancreatic inefficiencies in his intestines. As you might imagine, this unpredictability can be overwhelming.

We are not sharing our story with you so that you will feel sorry for our family, but to ask you for your financial support of CFRI, an organization that has brought sanity and clarity into our lives.

We attended our first CFRI conference three years ago when Vincent was 9. The information was priceless and we continue to be very impressed by the caliber of speakers each year. We know we aren't fighting this disease alone. We have had the privilege to meet brilliant doctors, nurses and other health care providers, and hear them speak about cystic fibrosis research and treatments.

The name "Vincent" is Latin and means, "to conquer." **Please help conquer cystic fibrosis by making a financial donation to Cystic Fibrosis Research, Inc.**

Warmly,



Patty Holmquist



Gene Holmquist

P.S. Support Vincent and others with CF. Tackle the challenge of CF and send in your tax-deductable donation today!