

**One in 31 people** reading this is likely to be a carrier of the gene for cystic fibrosis, a genetic, fatal disease. If two carriers have a child, there is a 1 in 4 chance that their child will have CF.

Managing CF requires time-consuming treatments, daily medications and numerous doctor visits and hospitalizations that drain family resources. These burdens can far exceed a family's means, even with health insurance.

With CF, thick mucus blocks small tubes and ducts in the respiratory, reproductive and digestive systems, often leading to chronic lung infections and malnutrition. For many, other organs also become seriously compromised.

**Symptoms may include:**

- Salty taste to the skin
- Recurrent wheezing
- Persistent cough
- Recurrent pneumonia
- Excessive appetite but poor weight gain
- Bulky, fatty stools

A child or adult with any of these symptoms should be examined as soon as possible by a physician at a CF Treatment Center. *Remember, early diagnosis gives patients longer, healthier and happier lives.*



**Cystic Fibrosis Research, Inc.**  
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## Mission

Cystic Fibrosis Research, Inc. funds CF research, provides educational and personal support, and spreads awareness of cystic fibrosis.

## Vision

CFRI seeks to inform, engage and empower the CF community to reach the highest possible quality of life.

For this brochure, CFRI would like to thank



Your Full Service CF Pharmacy:  
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## Growing Stronger Every Day



**Gianna**  
**16 months with CF**



## Education and Resources

- \* CFRI annually supports a **post-doctoral fellowship** and the **CFRI New Horizons Campaign** to further CF research.
- \* Our annual **National Cystic Fibrosis Family Educational Conference**, an event for adults with CF and their families, features leading experts in CF medical research and clinical treatments.
- \* The **Conference presentations** are recorded and distributed upon request to the global CF community at minimal cost.
- \* The **CF Discovery Series** is a collaborative program created by CFRI and Stanford which features local experts on a variety of CF-related topics, now on **CFRIlive!**
- \* The **CFRI Annual Teen and Adult Retreat** provides support, education and fun in a safe environment for people with CF.
- \* **CFRInews** is delivered directly to 15,000 households, sharing valuable CF information with those who need it most.

## Family and Community Support



### About Gianna

Gianna's parents were ready for her before she was born. Her pink room had a comfy corner set up for CF treatments that would give her a great start in life.

Although she was hospitalized at the age of 5 months for a serious lung infection, she is doing very well now thanks to regular visits with her CF physician and her proactive parents!

They hope to see you at CFRI's National Family Education Conference in July, 2011.

## Critical Research

Children with CF born in the 1970's were expected to live 11 years. Now, children like Gianna can expect to live more than 37 years. But, **we still need a cure**. Our research takes us closer.

### CFRI: Growing Our Research

In 2010, CFRI continued to support four fellows through our **Elizabeth Nash Memorial Post-doctoral Fellowship**, and four additional projects through our **New Horizons Research Campaign**.

This research was conducted at the University of California (Berkeley, Davis, San Diego, and San Francisco), San Diego State University and the University of Cincinnati. These projects have brought new scientific insights to the CF research community.

Resulting publications in top-rated scientific journals demonstrate the value of what we have funded. Visit our website: [www.CFRI.org](http://www.CFRI.org) to find out more.

